



**Federal Reserve Bank of St. Louis  
Investment Connection Proposal**

Proposal title	COMPLETED Sustaining the PAL Coalition in the Park Hill, Algonquin & Old Louisville Neighborhoods
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Organization name/address	Family & Children's Place 525 Zane Street Louisville, KY 40203
Mission statement	Our mission is to protect and heal children and families. We envision happy, healthy children and families, freed from abuse.
Overview of organization	<p>Since 1883, Family &amp; Children’s Place has been building stronger families in Louisville and Southern Indiana through its child abuse prevention, intervention and treatment programs.</p> <p>Our mission is simple; to protect and heal children and families. Our vision is happy, healthy children and families, freed from abuse. Last year, our comprehensive services impacted 6,000 families across Kentucky and Southern Indiana. Each service focuses on at least one of the following: preventing abuse from happening, stopping it when it does occur, and helping families recover after dealing with serious trauma around abuse and neglect.</p> <p>Prevent - Prevention and education programs reach out to both parents at-risk for violent behavior, and parents who just need a helping hand. To students who need support and guidance on making healthy choices, to improve social and academic success.</p>

	<p>Stop - Intervention services provide children who have been sexually abused and their families a path back to feeling safe, happy and healthy. Medical exams and forensic interviews, along with collaborations with state child services staff, police and prosecutors, help determine the facts and support investigation and prosecution. Family advocates help connect the family with therapists and other critical resources.</p> <p>Recover - Specially designed treatment programs offer abused and neglected children loving, therapeutic care while their parents receive intensive training and counseling. Education and prevention programs engage families early on to help parents enhance their parenting skills, as well as their children’s physical, social and intellectual development.</p>
Website	<a href="http://www.famchildplace.org">www.famchildplace.org</a>
Social media link(s)	Facebook PAL Coalition
Location of project/activity	Kentucky Jefferson County
Geographic Impact	Neighborhood(s)
Support request	Grant
Requested dollar amount	\$135,000
Proposal description and structure	<p>The PAL Coalition is one of over 50 programs in the U.S. to meet the growing need for critical educational, intervention &amp; prevention programs for our most vulnerable youth.</p> <p>PAL manages this local coalition. The overall contributions of community coalitions constitute a critical part of the Nation’s drug prevention infrastructure. They’re catalysts for creating local change when drug problems manifest and affect local communities.</p> <p>PAL operates an out of school time Center in Southwest Louisville, offering students a safe place to go after school, hours that young people are most at risk of dangerous or disruptive behavior to increase resiliency factors and support youth to thrive.</p> <p>PAL offers Mental Health First Aid trainings, an evidenced based training that raises awareness of</p>

	<p>mental health challenges and access to available resources. The Coalition also offers regular culturally competent trainings for the community, including QPR, Youth Violence Prevention, and Black Trauma.</p>
Issues addressed	<p>Community Facilities/Services Neighborhood Revitalization and Stabilization</p>
Target population/geography	<p>The PAL Coalition is a collaborative coalition working to reduce substance abuse by young people, ages 12-17, living in the 7th Street corridor - Park Hill, Algonquin and Old Louisville - of Central Louisville. Housed in and partnered with Family &amp; Children’s Place, the organization engages young people, community leaders, and local centers of influence in prevention efforts while working to bridge the gaps between community, school and home life.</p> <p>The Coalition uses strengths and community-based approach to prevention, responding to changing community needs, and directly involving community members to develop and implement prevention activities. Young people play a major role in coalition work and hold leadership positions in all programs and activities.</p> <p>The vision is to create a healthier and safer community with strong families that have the necessary opportunities, relationships, networks and supports to raise their children successfully.</p>
Population served including income	<p>The population for the zip codes of 40208, 40210 &amp; 40215 is 54,616; 52% female and 48% male; avg median age is 29; and 29% live below the poverty level with a median income of \$23,148. Race is white: 46%; African American: 48%; Hispanic: 4%; other: 2%. (US Census) 64% of students get free lunch at JCPS. (JCPS statistical data). The low income, chronic unemployment, and higher than Jefferson County average poverty rate are all significant local conditions that contribute to youth substance abuse. The economic deprivation and community disorganization are risk factors for adolescent problem behaviors such as delinquency, teen pregnancy, school dropout, and violence. The 40215 zip (PAL Center) has the highest overdose rate in Metro Louisville.</p>
Anticipated outcomes/impact	<p>The PAL Coalition is a grass-roots Coalition, formed in 2009 to respond to disconnected neighborhoods and families in underserved areas of Louisville. Currently funded through September 29, 2019, by the Office of National Drug Control Policy (ONDCP), with support from</p>

	<p>the Substance Abuse &amp; Mental Health Services Administration (SAMHSA), the Drug Free Communities (DFC) Support Programs fund community coalitions to build community capacity to prevent and reduce youth substance use. The goals are to:</p> <ul style="list-style-type: none"> <li>• Reduce substance abuse among youth, and over time, among adults.</li> <li>• Establish a safe and supportive space for youth to explore and grow educational opportunities, while engaging in personal, family, school and neighborhood advocacy.</li> <li>• To increase opportunities for everyone who lives, works or plays in the PAL community of Louisville through cultural competent community trainings.</li> </ul> <p>PAL works to engage the community and create pro-social opportunities for youth and their families.</p>
<p>How will the program be evaluated</p>	<p>PAL partners with researchers and evaluators to measure the effectiveness of all youth activities and Coalition trainings. PAL utilizes data from JCPD Safe and Drug Free School surveys and has access to the reporting systems which enables monitoring of PAL students attendance and grades. Through the Weikart Center and Metro United Way, PAL ensures quality programming at the Center through a research based improvement system based on data.</p> <p>Quarterly surveys are given to measure youth advocacy, engagement and interventions. Focus groups each spring are critical in planning with the Youth Engagement Committee and youth for the upcoming calendar year. Case management files are maintained on all youth participants and constant check-ins are a key part of the youth Center.</p> <p>Surveys are collected after each Coalition training and/or meetings and participants are given a say in what culturally relevant topics they would like to learn more about for future training opportunities.</p>
<p>Project time frame</p>	<p>Existing Program Project Duration: Ongoing Program</p>
<p>Other significant partners in the proposal</p>	<p>Metro United Way Technical Assistance/Expertise <a href="http://www.metrounitedway.org">www.metrounitedway.org</a></p> <p>Lynnhurst United Church of Christ</p>

	Other Facility for Community Center <a href="http://www.lynnhurstchurch.org">www.lynnhurstchurch.org</a>  Louisville Metro Government Funding <a href="http://www.louisvilleky.gov">www.louisvilleky.gov</a>
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