Every month, the two primary measures of U.S. consumer confidence, the University of Michigan’s Index of Consumer Sentiment and the Conference Board’s Consumer Confidence Index, are released with much media fanfare. The attention these indexes receive often centers on the potential information they contain regarding current and future economic conditions. That is, changes in the indexes are often described as forewarning of changes in the overall economy. This article discusses what these indexes measure and why they receive so much attention, and also investigates whether the facts justify the interest.

What Is Consumer Confidence and How Is It Measured?

Consumer confidence is a catch-all phrase for the opinions and attitudes of consumers about the current and future strength of the economy. A psychological concept, consumer confidence is difficult to measure. The University of Michigan and Conference Board both measure consumer confidence by asking a random sample of consumers five questions about current economic conditions and expected future conditions (see sidebar). Consumers also are asked to assess their personal financial situation.

After the surveys are conducted, the responses are aggregated into a single number, called an “index” of consumer confidence. Variation in this index is meant to measure variation in overall consumer confidence.

The figure shows the Conference Board’s Consumer Confidence Index along with shading that indicates the time periods during which the U.S. economy was in recession. Two things are of interest from the figure. First, consumer confidence appears to be correlated with the strength of the economy at the time of the survey. In particular, when the economy goes into a recession, consumer confidence generally falls sharply; and when the economy is in an expansion, consumer confidence is generally at high levels. Second, consumer confidence often peaks before the economy enters a recession. That is, variation in consumer confidence appears to be followed by similar variation in the overall economy.

Why Does Consumer Confidence Receive So Much Attention?

A primary reason why people pay attention to consumer confidence indexes is because they are thought to provide an early signal regarding the strength of the broad economy. There are at least two reasons why this might be the case. First, as is suggested by the figure, consumer confidence is correlated with current economic conditions. This might be because consumers accurately portray current economic conditions with their answers to the survey questions.

It might also be if the way consumers feel about the economy and their personal financial situation affects their willingness to spend. Here, consumer confidence would be a causal force for the economy.

In any case, if consumer confidence indexes accurately reflect current economic conditions, they would provide an early indication of how the economy was performing simply because they are released very quickly; in most instances, far before other data measuring the strength of the economy. For example, the consumer confidence indexes for a given month are generally released toward the end of that month. By contrast, the personal consumption expenditure report, which measures what consumers actually did that month, is not available until

---

By Jeremy Piger

---

1) We are interested in how people are getting along financially these days. Would you say that you (and your family living there) are better off or worse off financially than you were a year ago?

2) Now looking ahead—do you think that a year from now you (and your family living there) will be better off financially, or worse off, or just about the same as now?

3) Now turning to business conditions in the country as a whole—do you think that during the next 12 months we’ll have good times financially, or bad times, or what?

4) Looking ahead, which would you say is more likely—that in the country as a whole we’ll have continuous good times during the next five years or so, or that we will have periods of widespread unemployment or depression, or what?

5) About the big things people buy for their homes—such as furniture, a refrigerator, stove, television, and things like that. Generally speaking, do you think now is a good or bad time for people to buy major household items?
the end of the following month. Thus, because consumer confidence is timely, it could be a useful early indicator of the economy’s performance.

The second reason why consumer confidence might provide useful early information is if consumers’ responses to the survey questions provide good forecasts of future economic activity. This would occur if consumer confidence has a causal influence on economic activity, but this influence takes several months before it is fully realized. It might also be that consumers are good at forecasting the economy. Consumer confidence serves as a convenient summary of the forecasts of many individuals based on a variety of different information. To the extent that these forecasts are useful for predicting economic activity, indexes of consumer confidence will be an important leading indicator of the economy’s strength.

Is the Infatuation Justified?

There are many research studies that attempt to determine if consumer confidence is a useful early signal of economic activity. Much of this research has investigated the relationship between consumer confidence and consumption spending, as this is the type of economic activity that one would think is most closely connected to consumer confidence.

What does this research conclude about whether consumer confidence is correlated with current economic conditions, providing an early indication of the economy’s strength, both in the present and the future? Thus, if an economic forecaster were trapped on a desert island with only data on consumer confidence, use of the consumer confidence measures to educate her guess about the economy’s strength more broadly would not be a bad idea. However, consumer confidence is not data with “super-forecasting” powers. Indeed, the ability of consumer confidence to improve forecasts of the economy is modest at best, especially when considered jointly with other forecasting information.

Jeremy Piger is an economist at the Federal Reserve Bank of St. Louis.

ENDNOTES

1 The National Bureau of Economic Research, which is the official arbiter of business cycle dates, has not yet announced the end date of the recession that began in March 2001. The graph assumes that this recession ended in December 2001.


REFERENCES
